

## Ferenc Szabo, PCC

### About

Multilingual, native Hungarian speaker, ICF Professional Certified Coach. Impressive background in sports, specifically Men's gymnastics. Twenty-four years of experience helping athletes achieve their goals and dreams, competing and medaling internationally. Passion for facilitating growth through Coaching, Training, Teaching, and Conflict Resolution. Effective communicator with degrees, including from Western Seminary.

### Experience

chaynj.com

Nov 2022 – Present

Position: Co-Founder, Content Manager, Professional Coach, Seminar Facilitator/Trainer

Professional Certified Coach Available

Nov 2022 - Present

Empowering individuals to unlock their full potential, overcome obstacles, and achieve meaningful personal growth. Facilitating transformative shifts in mindset, behavior, and self-awareness through personalized coaching techniques.

Gymnastics Mississauga, Mississauga, ON

Sep 2020 – Jun 2022

Position: Men's Program Head Coach

Manjak's Gymnastics, Mississauga, ON

Jul 2016 – Aug 2020

Position: Men's Program Head Coach

Gymnastics Ontario - Member of the Men's Technical Committee

Apr 2017 – Jun 2022

Position: National Coaching Chairman

Richmond Gymnastics Association (RGA), Richmond, BC

Nov 2005 – Apr 2016

Position: Men's Program Head Coach

Phoenix Gymnastics Club, Vancouver, BC

2003 – 2005

Position: Men's Program Assistant Coach

Gymnastics BC - Member of the Men's Technical Committee  
2004 – 2016

Position: Coaching Chairman, Member at Large

Training camps, Coaching courses, and Clinics across Canada (BC, SK, NS, ON, MB, NL)  
2004 – 2022

Position: Facilitator

### **Education / Certification / Membership**

- Biblical Theology, Western Seminary (Certificate)
- Transformational Coaching, Western Seminary (Certificate)
- Life Coach, CLCI - Certified Life Coach Institute, (Certificate)
- The Science of Well-Being, Yale University (Certificate)
- Introduction to Food and Health, Stanford University (Certificate)
- Master Certified Professional Life Coach, Certified Life Coach Institute (ICF-International Coaching Federation accredited training)
- F.I.G. (Federation of International Gymnastics) Coaching Brevet (MAG-Men's Artistic Gymnastics)
- National Coaching Certification Program, Gymnastics-NCCP Level 1, 2, 3, and 4 (Certificate)

### **Achievements**

Team Canada coach:

- 2021 World Championships, Kitakyushu, Japan
- 2013 Mexican Open, Acapulco, Mexico
- 2012 DTB-Pokal, Team World Cup, Stuttgart, Germany
- 2011 Pan-Am Games, Guadalajara, Mexico
- 2010 Commonwealth Games, Delhi, India
- 2010 Youth Olympic Games, Singapore
- 2010 Pacific Rim, Melbourne, Australia
- 2009 Junior Pan-Am Championships, Aracaju, Brazil
- 2006 Junior Pan-Am Championships, Gatineau QC, Canada

Team New Zealand coach:

- 2016 Pacific Rim, Everett WA, USA

Provincial Team Coach:

- 2007 Canada Games, Team Coach for British Columbia (Gold)
- 2019 Canada Games, Team Coach for Ontario (Gold)

Additionally, my athletes have also participated in the following major competitions:

- 2022 World Championships, Liverpool, England

- 2022 Commonwealth Games, Birmingham, England
- 2022 Pan-Am Championships, Rio de Janeiro, Brazil
- 2021 World Challenge Cup, Mersin, Turkey
- 2019 World Cup, Cottbus, Germany
- 2019 Junior World Championships, Győr, Hungary
- 2019, 2021 World Challenge Cup, Koper, Slovenia
- 2018 World Challenge Cup, Paris, France
- 2018 World Challenge Cup, Szombathely, Hungary
- 2018 Junior European Championships, Glasgow, United Kingdom
- 2018 Pacific Rim, Medellín, Colombia
- 2015 World Championships, Glasgow, United Kingdom
- 2015 World Challenge Cup, Osijek, Croatia
- 2015 FISU Games, Gwangju, South Korea
- 2013 FISU Games, Kazan, Russia
- 2012 Pacific Rim, Everett WA, USA

### **Awards**

- 2012 John Tutte National Level Coach of the Year (Gymnastics BC)
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- 2010 Stan Wilkes Provincial Coach of the Year (Gymnastics BC)
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- 2004 Stan Wilkes Provincial Coach of the Year (Gymnastics BC)

### **Languages**

- Hungarian (fluent)
- English (fluent)
- Brazilian Portuguese (conversational)